

KILWORTH 5 MILE ROAD RACE RESULTS - 1ST MAY

Position	Name	Clubs	Time	Category	Pace	Bib #
1	BRIAN MURPHY	IVERAVGH AC	27:01	SM	05:24	29
2	DANNY SMITH	BALLYNONTY AC	27:07	SM	05:25	2
3	SHANE SIMCOX	MALLOW AC	27:49	M40	05:34	76
4	RORY O'CONNOR	NORTH CORK AC	28:08	SM	05:38	34
5	KEALAN O'CONNOR	GRANGE-FERMOY AC	28:59	M40	05:48	48
6	DAVE LYONS	MALLOW	29:01	SM	05:48	155
7	JOHN MURPHY	GRANGE-FERMOY AC	29:13	M45	05:51	63
8	MIKE CUNNINGHAM	MOOREABBEY MILLERS	29:29	M50	05:54	77
9	RUAIRI O'CALLAGHAN	EAGLE AC	29:34	SM	05:55	81
10	DON PYNE	GRANGE-FERMOY AC	29:47	SM	05:57	125
11	JOHN O'CALLAGHAN	EAGLE AC	30:00	M40	06:00	14
12	THOMAS MULCAHY	AN BRU AC	30:19	SM	06:04	31
13	PAT O'CONNOR	EAGLE AC	30:48	M45	06:10	57
14	BRIAN O'CONNOR	GRANGE-FERMOY AC	30:56	M40	06:11	4
15	DENIS MCCARTHY	EAST CORK AC	30:57	M50	06:11	3
16	GRAHAM BIRNE	FERMOY	30:58	SM	06:12	26
17	BRENDAN KEATING	GALTEE RUNNERS	30:59	JM	06:12	98
18	EDDIE O'BRIEN	GRANGE-FERMOY AC	31:03	M40	06:13	36
19	GERRY MOORE	GRANGE-FERMOY AC	31:19	M45	06:16	68
20	GAVIN O'FLYNN	FERMOY	31:23	SM	06:17	126
21	JOAN ENNIS	GRANGE-FERMOY AC	31:24	F50	06:17	99
22	BRENDAN O'MAHONY	GRANGE-FERMOY AC	31:30	M40	06:18	95
23	ALAN CARR	ST. CATHERINES	31:34	SM	06:19	12
24	DARREN FLYNN	GRANGE-FERMOY AC	31:40	M40	06:20	69
25	ALAN BARRY	KILDINAN	31:51	M40	06:22	96
26	SIMON REYNOLDS	KILMALLOCK AC	31:59	SM	06:24	89
27	PAUDIE BIRMINGHAM	MALLOW AC	32:09	M40	06:26	51
28	JIM O'CONNOR	BARTLEMY	32:22	SM	06:28	127
29	LIAM LEWIS	MOOREABBEY MILLERS	32:23	M40	06:29	27
30	DENNIS SHEEHAN	MALLOW AC	32:32	M50	06:30	16
31	LORNA DAVEY FITZGERALD	MALLOW AC	32:40	F35	06:32	10
32	DONAL O' REGAN	GALTEE RUNNERS	32:43	SM	06:33	78
33	JOHNNY O'SULLIVAN	GALTEE RUNNERS	32:44	M40	06:33	5
34	STEPHEN COLLINS	BLACKWATER TRI	32:46	SM	06:33	37
35	KEALEY TIDSWELL	CLONMEL AC	32:48	SF	06:34	136
36	MORRIS BUCKLEY	NORTH CORK AC	32:50	M50	06:34	35
37	SHANE HANLEY	GALTEE RUNNERS	32:53	SM	06:35	23
38	BERNARD CORRIGAN	ST NICHOLAS	32:57	M45	06:35	106
39	JOE SCALAN	GRANGE-FERMOY AC	32:57	M40	06:35	66
40	ED BATES	BLACKWATER TRI	33:11	M45	06:38	32
41	GUS KEHOE	CARRIG-NA-BHFEAR AC	33:15	M40	06:39	67
42	GEORGE RICKARD	MALLOW AC	33:22	M40	06:40	119
43	ANGELA MCCANN	CLONMEL AC	33:24	F40	06:41	113
44	AOIFE CARROLL	MALLOW AC	33:27	SF	06:41	50
45	BILLY O REGAN	GRANGE-FERMOY AC	33:34	M45	06:43	47
46	TREVOR GEARY	FERMOY	33:43	SM	06:45	153
47	PAUL DOYLE	GRANGE-FERMOY AC	33:57	SM	06:47	58
48	DECLAN MEIGHAN	MALLOW AC	34:11	JM	06:50	72
49	MICHAEL DALY	CARRIG-NA-BHFEAR AC	34:41	M40	06:56	60
50	DAVE HARTE	GALTEE RUNNERS	34:55	M40	06:59	20
51	PAUL O'MEARA	FERMOY	35:03	SM	07:01	11

52	DENIS CRONIN	MALLOW AC	35:07	M50	07:01	70
53	IDE KELLEHER	MALLOW AC	35:15	F40	07:03	120
54	ED HANNON	KILMALLOCK AC	35:20	SM	07:04	86
55	JOHN MORRISSEY	DONOUGHOMORE AC	35:21	M45	07:04	129
56	MAURICE TOBIN	GRANGE-FERMOY AC	35:26	M65	07:05	15
57	ELLEN HANLEY	GALTEE RUNNERS	35:27	F35	07:05	21
58	ANDREW WORMALD	KILLMALLOCK	35:31	M45	07:06	75
59	BRENDAN COLLINS	COOLAGOWN	35:37	SM	07:07	9
60	WILLIE CODY	GRANGE-FERMOY AC	35:50	M40	07:10	53
61	MARTIN HEALY	GRANGE-FERMOY AC	35:51	M45	07:10	74
62	PETER O'BRIEN	FERMOY	35:54	SM	07:11	8
63	PETER BARRY	MALLOW	35:56	SM	07:11	152
64	MIKE ENNIS	GRANGE-FERMOY AC	35:56	M50	07:11	102
65	ADAM BLAIKLOCK	BLACKWATER TRI	36:00	SM	07:12	7
66	NED O'BRIEN	CLONMEL AC	36:05	M60	07:13	46
67	DERMOT GALLAGHER	BALLINTEMPLE	36:08	M40	07:14	90
68	MIKE PRATT	GRANGE-FERMOY AC	36:11	M50	07:14	22
69	DONAL O'BRIEN	ST NICHOLAS	36:22	M60	07:16	101
70	PATRICK HARTIGAN	MOOREABBEY MILLERS	36:23	SM	07:17	108
71	DEIRDE MCCARTHY	NORTH CORK AC	36:25	F45	07:17	30
72	SEAMS BRANAGH	GRANGE-FERMOY AC	36:33	M40	07:19	54
73	BRENDAN HICKEY	ST CATHERINES	36:39	SM	07:20	138
74	OLIVER LEAHY	MIDDLETON	36:45	SM	07:21	103
75	BARRY HOGAN	ST NICHOLAS	36:45	M40	07:21	85
76	MICHAEL MURPHY	DUHALLOW AC	36:53	SM	07:23	52
77	MIKE REYNOLDS	KILMALLOCK AC	36:58	M35	07:24	104
78	TROY SPINK	GRANGE-FERMOY AC	37:08	M40	07:26	17
79	SEAN FREEMAN	GRANGE-FERMOY AC	37:15	M55	07:27	121
80	JOHN FLYNN	MALLOW AC	37:18	M45	07:28	93
81	VERLANG FITZGERALD	GALTEE RUNNERS	37:46	M40	07:33	24
82	PJ KEANLEY	ARAGLEN	37:47	SM	07:33	64
83	DONAL O'DONOGHUE	LITTLE ISLAND	37:52	M45	07:34	59
84	THOMAS WOODS	BRISLON ENGLAND	37:55	SM	07:35	112
85	CIARA SEXTON	FERMOY	37:56	SF	07:35	33
86	MARIA KEATING FLYNN	MALLOW AC	38:00	F35	07:36	94
87	CATHERINE CLANCEY	ST. CATHERINES	38:02	F45	07:36	25
88	EWAN CUNNINGHAM	MOOREABBEY MILLERS	38:16	JM	07:39	44
89	JOHN DRISLANE	ST NICHOLAS	38:21	SM	07:40	39
90	PETER DINNEEN	GRANGE-FERMOY AC	38:32	M40	07:42	92
91	JERRY TWOHIG	DUHALLOW	38:36	M60	07:43	91
92	EILEEN HYNES	CLONMEL	38:38	F55	07:44	156
93	JOHN FOX	GALTEE RUNNERS	38:43	M45	07:45	117
94	WILLIE MCCARTHY	KILMALLOCK AC	38:45	M40	07:45	49
95	NICOLA MAUNSELL	CLONMEL AC	38:47	F40	07:45	114
96	FREDDY SHEEDY	KILWORTH	38:51	SM	07:46	137
97	DENISE O'BRIEN	FETHARD AC	38:57	F40	07:47	80
98	EAMONN DAVERN	BALLYHEA	39:02	SM	07:48	18
99	ANNA BORKPWSKA	MALLOW AC	39:04	F35	07:49	151
100	CORMAC SHEEHAN	MITCHELSTOWN	39:06	JM	07:49	28
101	KATE LEAHY	CONNA	39:18	F35	07:52	134
102	TRISHA BLACKBURN	MOOREABBEY MILLERS	39:20	F50	07:52	139
103	JENNA LEETAH	ST NICHOLAS	39:21	SF	07:52	82
104	BEN BEGLEY	KILMALLOCK AC	39:26	SM	07:53	45
105	JOHN GALLAGHER	KILDORRERY	39:35	M45	07:55	6

106	PAT MORRISON	ST NICHOLAS	39:40	M40	07:56	100
107	NELIUS O'FLYNN	ST NICHOLAS	39:42	M50	07:56	141
108	MARY CLARE HEALY	GRANGE-FERMOY AC	40:03	M45	08:01	73
109	KATHLEEN CRONIN	MALLOW AC	40:08	F50	08:02	71
110	JOHN MORRISSEY	KILLAVULLEN	40:18	M45	08:04	135
111	JOHN O'LEARY	LEEVALE	40:52	M70	08:10	42
112	KEITH BUCKLEY	GRANGE-FERMOY AC	40:57	SM	08:11	131
113	STEPHANIE CUNNINGHAM	ARAGLEN	41:09	F45	08:14	124
114	STEPHEN FINN	MOOREABBEY MILLERS	41:09	M40	08:14	83
115	AILEEN MURPHY	GALTEE RUNNERS	41:52	F35	08:22	13
116	JOHN CASEY	GALTEE RUNNERS	41:54	M55	08:23	19
117	ANN MARIA SHERIDAN	MIDDLETON	41:58	F40	08:24	109
118	JOANNE DAVERN	GALTEE RUNNERS	41:59	F45	08:24	1
119	ALLEN COTTER	ST NICHOLAS	41:59	SM	08:24	38
120	CATHERINE SHEERIDAN	MIDDLETON	42:17	F35	08:27	122
121	VALERIE MCCORMACK	FITSTOP FERMOY	42:19	SF	08:28	55
122	CLARE CARROLL	WATERGRASSHILL AC	42:40	F40	08:32	107
123	LUKE SHEERIDAN	MIDDLETON	42:41	SM	08:32	123
124	MARK PYNE	CONNA	43:25	SM	08:41	133
125	CATHY BAILEY	GALTEE RUNNERS	43:35	F40	08:43	130
126	TRISHA RYAN	MOOREABBEY MILLERS	43:53	SF	08:47	43
127	** SIOBHAN BARRY	Fermoy	43:54	F40	08:47	128
128	MICHAEL MCREDMOND	MALLOW	44:04	SM	08:49	40
129	NOREEN MCREDMOND	KILLARNEY	44:52	SF	08:58	41
130	MARY HYLAND	BALLYPOREEN	45:06	SF	09:01	154
131	HELEN MEHIGAN	MALLOW	45:23	F45	09:05	97
132	MARGARET O'FLYNN	ST NICHOLAS	45:50	F50	09:10	79
133	ANGELA O'MAHONEY	FERMOY	46:01	F45	09:12	105
134	SINEAD SHERIDAN	KILBARRY	46:37	F40	09:19	116
135	ANN LYNCH	GALTEE RUNNERS	47:45	F40	09:33	140
136	MARISKA SMIT	GRANGE-FERMOY AC	47:54	F40	09:35	87
137	MAG FLYNN	GRANGE-FERMOY AC	47:54	F40	09:35	88
138	MAGGIE DUNNE	GRANGE-FERMOY AC	47:54	F65	09:35	56
139	MARIE MEADE	GALTEE RUNNERS	48:13	F40	09:39	118
140	MIKE CASEY	GALTEE RUNNERS	50:08	M45	10:02	84
141	NIAMH PYNE	CONNA	50:56	F35	10:11	132
142	TONY SHERIDAN	MIDDLETON	53:24	SM	10:41	111
143	MARY WIDGER	CLOGHEEN	55:31	SF	11:06	115
144	PAULINE TANNER	PERTH AUSTRALIA	1:03:48	F60	12:46	110
145	MARY HICKEY	BALLYPOREEN	1:04:37	F45	12:55	65

** NOTE: Not included in initial results